

## Inman Aligner Information

### **Straight Teeth. Fast.**

The Inman Aligner is the perfect solution for crowding or protrusion of the front teeth. It is really fast, very safe and great value. With the patented Inman Aligner, your front teeth can be gently guided to an ideal position in a matter of weeks. Most cases complete in 6-18 weeks and because it's removable you can take it out to fit with your lifestyle.

### **What is an Inman Aligner?**

The Inman Aligner is a simple removable appliance used to align front teeth quickly and safely. It's ideal as a stand alone treatment or to prealign teeth prior to further cosmetic options such as bonding or minimal veneers.

### **How does it work?**

The Inman Aligner has Nickel Titanium coil springs that power two aligner bows that gently oppose each other, guiding the teeth into their new position. These gentle forces are active over a very large range of movement, which is why the Inman Aligner works so quickly.

The image below shows the squeeze effect of the two aligner bows on the front teeth. The inner bow pushes forwards, while the outer bow pulls back on the front teeth.

### **How long is the treatment with the Inman Aligner?**

Most cases are completed within 6-18 weeks. We will give you a realistic guide of what to expect.

### **What's involved in Treatment with the Inman Aligner?**

- Impressions are needed so that the lab can fabricate your custom made Inman Aligner.
- Initial fitting of the Aligner.
- Wear the Aligner 16-20 hours a day
- Regular Inman checks every 2-3 weeks.

As with other orthodontic treatment, after treatment is completed with the Inman Aligner, retention is recommended for life to prevent relapse. Retention can come in the form of a lingually bonded retainer or an Essix retainer.

### **What can the Inman Aligner do?**

- It aligns the front teeth (crowding, protrusion, rotations, crossbites).
- Ideal for orthodontic relapse.
- As a stand-alone treatment or combine with simple whitening and bonding.
- Pre-alignment for cosmetic cases so teeth don't need much preparation and veneers can be super-thin.