

Hygiene Initial Assessment Appointment

Any dental treatment is likely to fail if the foundations of the mouth, the gums and underlying bone, are not healthy.

- During your first appointment our hygienist will undertake a thorough review of the health of your gums to identify any problem areas.
 - She will find out any problems you may have experienced with previous dental hygienist visits.
 - She will take photographs and measurements and determine what is your normal home care routine.
 - She will then explain her findings using diagrams where appropriate and the implications of neglecting to treat the disease.
 - She will recommend the appropriate home care aids and show you how to use them properly.
- If appropriate she will commence treatment to remove some or all of the debris around your teeth.
 - She will discuss with you what future visits would be required. These may be to treat disease, to monitor progress, or for routine maintenance.
 - She will discuss with you if you would require local anaesthetic for treatment, or even sedation if necessary.
 - She will provide a written quotation for any treatment visits.
 - At any time you are welcome to ask questions of her or her nurse.
 - Long term you would probably have regular visits at either three or six monthly visits to maintain gum health. Many patients choose to join our Waterside Dental Care Plan to cover the costs of these regular visits.